



Tuesday
May 7, 2024

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

Grad Dinner Dance: Music Request



Grade 12 Grads Use the following link or QR to submit your request(s) for music for Saturday's Dinner Dance – Deadline to Respond is May 22nd, 2024

<https://forms.office.com/r/ZzZueGKQLh>

LOST & FOUND

Pls claim at the office!



**HERITAGE WOODS
SECONDARY PRESENTS:**

THE GARBAGE FASHION SHOW 2024

**Entrance Fee: \$5.00
May 11th at 6:00pm
1300 David Avenue**

Promoting Sustainable Fashion!



All proceeds go to:



May 10

CLUBS



HWSS HELPING HANDS

EXECUTIVE APPLICATIONS!

APPLY
NOW!



Who are we?

We are a non-profit organization that focuses on fundraisers, visiting senior homes, and making care packages :)

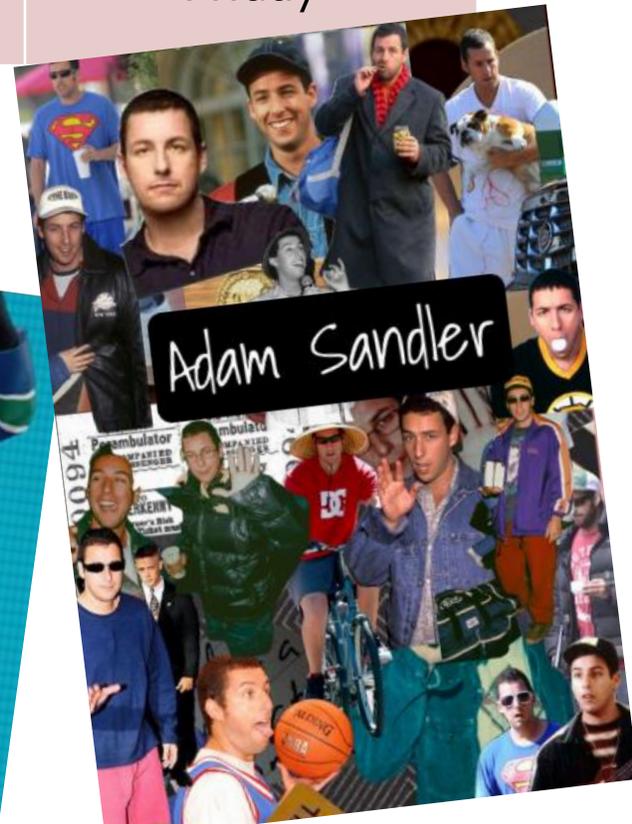


Spirit Days of May!

May 6	May 7	May 8	May 9	May 10
Monochrome Monday	Twin Day Tuesday	Beach Day Wednesday	Jersey Day Thursday	Adam Sandler Day Friday



TWINS



MAY 6th
MONOCHROME DAY!!
WEAR ONE COLOUR
(DIFFERENT SHADES OK) !!





TWIN DAY

Match with a
friend and play
spikeball in the
gym at lunch



TUESDAY MAY 7TH
SPIKEBALL INTRAMURALS



WEAR A SHIRT

**SPIRIT WEEK PRESENTS
WEDNESDAY, MAY 8TH 2024**

HAWAIIAN SHIRT DAY





JERSEY DAY

MAY 9

WEAR YOUR FAVOURITE TEAMS JERSEY

COME PARTICIPATE

AND SUPPORT THE UNIFIED BASKETBALL TEAM

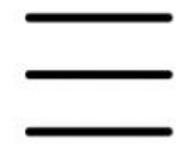


Adam Sandler Day!!



**FRIDAY, MAY 10TH
OPEN GYM BBALL @
LUNCH IN THE GYM!!**





HWSS SOAP NEWS

Thursday, 03 May 2024

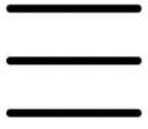
HWSS SOAP 2-Limit Tutor Opportunity Changed

The 2-limit tutoring opportunity policy to 3-limit tutoring opportunities!!

[No Title]

From now on, all tutors will be allowed to take on up to 3 (voluntary) requests! Some tutors may be asked by an executive member directly to help take on unclaimed requests, these requests do not count into their 3 tutoring request.

If you have any questions, ask on Teams, or email us at hwsoaptutor@gmail.com



HWSS SOAP NEWS

Thursday, 03 May 2024

HWSS SOAP HOMEWORK HELP Dates Changed

Homework Help sessions will ONLY RUN ON TUESDAYS from 3:30pm-5pm, starting next week (Tuesday, May 7, 2024)!!!

This is also a reminder to sign up to tutor at Homework Help. It is a great way for you SOAP club tutors to obtain volunteer hours and support your peers in an academic aspect!

If you have any questions, ask on Teams, or email us at hwsoaptutor@gmail.com

Kodiaks Athletics Banquet 2024

- The Athletics Banquet is **Thursday, June 13th** at HWSS!
- TIME: TBA (after 5pm)
- Join us for a fun night of Dinner, Athletic Awards, Photo Booth and Games
- *Dress to impress!* **Theme: Over the Hollywood Hills at Heritage**
- Please pay your ticket/ Banquet Fee on SchoolCash Online by Wednesday May 29th.
- Ticket Distribution will take place **Thursday May 30th and 31st in the Grand Hall**
- If you are wanting to gain volunteer hours, please see Ms. Rampuri in the PE office.



Athletic Fee's

- Please pay your Athletic Fee's if they are outstanding on SchoolCash Online!
- Students who have not paid their Athletic Fee will not be able to attend the Athletics Banquet on June 13.

CAREER CENTER



TRI-CITIES MENTORSHIP PROJECT – ALUMNI PANEL SERIES



Are you curious about what different degrees/programs have to offer? Want to learn more about how to get into a particular field? Join us for a VIRTUAL panel series where SD43 alumni will discuss their high school & post-secondary journeys and answer your questions!

Medical School: Thu, May 16 (7-8 PM)

Bachelor of Arts: Thu, May 23 (7-8 PM)

Business: Thu, May 30 (7-8 PM)

RSVP here: bit.ly/tricitiesalumnipanel

Medical Students Panel

Thursday, May 16 @ 7-8 PM

SD43 alumni from different undergraduate programs discuss their journey into UBC medical school!

Chenille

- Pinetree '19
- UBC BSc (Major in Integrated Science: Physiopharmacology and Public Health)
- Currently: entering UBC Med Year 3

Jiwon

- Gleneagle '20
- McMaster BHSc (Health Sciences) '23
- Currently: entering UBC Med Year 2

Kate

- Dr Charles Best '18
- McGill BSc '22 (Honours Neuroscience (Computational), Minor in Computer Science)
- Currently: entering UBC Med Year 2

RSVP here!



bit.ly/tricitiesalumnipanel

Business Panel

Thursday, May 30 @ 7-8 PM

SD43 alumni from different business programs discuss their experiences and how it's shaped their career path!

Daniel

- Dr Charles Best '18
- UBC Sauder BCom '23 (Operations and Logistics, Business Analytics concentration)
- Currently: Buyer @ PCL

Selina

- Pinetree '17
- Western Ivey HBA '22, Western BAsC '22 (Major in Mechatronics Engineering)
- Currently: Strategic Sourcing Engineer @ Microsoft

TBA

- Check back later to learn more about our third panelist!

RSVP here!



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